

Who am I?

My name is **Kate Miles**. I am a mum to 3 little girls and in my spare time, I enjoy running. I've also learnt how to crochet recently thanks to You Tube! Until Monday, I have been working as a Paediatric Nurse. I spent several years working on a children's ward, moving on to a local children's hospice for 5 years and my most recent role has been as a Staff Nurse for the School Nursing service (specifically in schools for children with additional needs and learning disabilities.)



By now, most of you will be living your day to day life a little bit differently to what we have been used to. It's a time of change; some changes feel good and exciting and others feel a bit challenging. One change that has happened for me last week is that I have joined the Abbots Green Academy staff team. I am very excited to be part of such a fantastic school, and I look forward to meeting you all via phone and email initially, and then hopefully very soon in person.

How can I help?

As things are a bit different to how they would usually be, I am working together with the senior leadership team to establish how my new role might evolve and develop over time and how I might best be able to work with you and support you in the future. However, at a time when it may be quite difficult to access certain services within the NHS, I am hopeful that I will be able to draw upon some of my 16 years of health experience to enhance the children's learning at home, and to support any family that may need advice in a particular area.

How do I support pupils in school?

In addition to the support that Mrs Arfi and Mrs Uttley already provide, Abbots Green would like to be able to support you further by providing you with an additional listening ear and a platform for you to be able to ask questions or ask for some basic support/strategies in the areas that I have most recently been active in:

- Continence/toilet training
- Sleep
- Growing up/Puberty
- Fussy eating
- Behaviour
- Emotional well-being

You can contact me via email at allrainbowroom@abbotsgreenacademy.co.uk

I look forward to working with you!