



Evergreen Nursery Home Learning



27.04.2020

Monday

Tuesday

Wednesday

Thursday

Friday

This week our learning will be based around the story 'Oliver's Vegetables' By Vivian French.

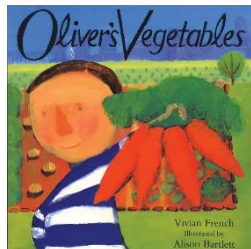
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Share the story

Read the story 'Oliver's Vegetables' with your grown up. If you do not have the paper copy of the story, here is a link to the story on YouTube:

<https://www.youtube.com/watch?v=6MEQIGGDNIs>

What was your favourite part of the story? Why? Have you tried any of the vegetables from the story? Did you like them?

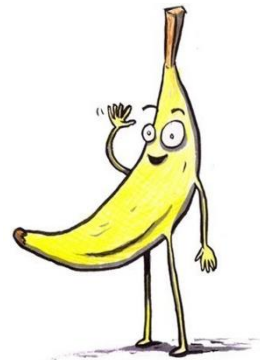


Cosmic Yoga

Have a go at this Cosmic Yoga activity. This one involves a story about Betsy the Banana (a healthy piece of fruit!):

<https://www.youtube.com/watch?v=40SZl84Lr7A>

See if you can copy the yoga actions and stretches, changing your body into lots of different shapes!



Look at the 'd' sound

Have a watch of the Jolly Phonics song for the 'd' sound, using this link:

<https://www.youtube.com/watch?v=boXUMOlw5Ow>

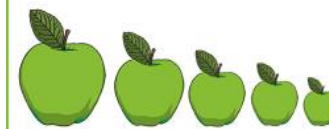
Can you pretend to play your own drum, making the 'd-d-d-d-d-d-d' sound? Can you use your magic finger to write a big 'd' in the air. Ask your grown up to help you.

Even better, can you practice writing 'd' on some paper? Or go on a 'd' hunt around your house finding things that start with the 'd' sound!

Size ordering

Using some fruit or vegetables that you have at home, can you look at them and decide which one is the **biggest** and which one is the **smallest**. Use your words to tell your grown up 'The ____ is the biggest, and the ____ is the smallest.'

Can you put a bigger number of fruit and vegetables in order from the smallest one to the biggest one? Tell your grown up why you put them in that order, using words like 'bigger' and 'smaller' to talk about it.



Superhero Fruit and Veg

Fruit and Vegetables are superheroes because they contain lots of goodness that help our bodies to stay healthy, and grow big and strong!

What is your favourite fruit or vegetable to eat? Can you draw a picture of it, then turn it into a superhero by giving it a cape and a mask?



Make a shop

Create your own shop at home with various items from your cupboards, including vegetables and fruit. Invite your grownups and siblings to buy things from your shop. Use your words to talk about the items you/they have bought, you can also count how many items you/they have.

Grown ups please model how to pay for something and place in a shopping bag.

For a challenge you could add prices to your items- 1p, 2p and add two items together with support from an adult.

Can you send us a photo of your shop on Showbie?

**Make a healthy plate**

On some paper, draw around a plate so that you have a big circle on your page.

Use this circle as a picture of a dinner plate. Can you draw a healthy meal on your dinner plate? Ask your grown up to help you decide which foods are a healthy choice. You can colour in your dinner, and talk to your family about which foods you have chosen, and why.

Maybe one day, you could help your grown up to make your healthy dinner for your family!

**Grow a carrot plant**

Did you know that you can use a carrot to grow a carrot plant? Ask a grown up to help you with this activity.

You will need to chop off the top of a carrot. Then, place the carrot top into a bowl with about an inch of water. Place the bowl on a light (but not too sunny) windowsill, and change the water each day. Soon you should see the carrot top start to grow its own plant!

**Obstacle course**

As well as eating healthy foods, it is important to exercise to stay healthy too! Using anything that you have available at home, make an obstacle course for you and your family to do! This could include throwing a ball into a bucket, star jumps, running in and out of obstacles, hopping, or anything else! Make your obstacle course, and then challenge the rest of your family to have a go!

Ask your grown up to count how many seconds it takes you to do your obstacle course. Can you do it even quicker next time? Can you count how long it takes somebody else to do your obstacle course?

**Trying a new food**

In the story 'Oliver's Vegetables', Oliver tries lots of new vegetables that he hadn't eaten before.

Talk to your grown up about which vegetables from the story you haven't tried before. If you have any of them at home, have a try! (any new fruit or vegetable is ok, if you don't have the ones from the story).

Use your words to talk about what they feel like, what they smell like and what they taste like. Do you like it? Why? Ask your family to tell you why they like/dislike it.

