



# Online Safety Newsletter

Issue 1

October 2025



**13+**

Minimum age 13

TikTok



Instagram



Facebook



Snapchat



YouTube



WhatsApp



***They are there  
to help keep  
them safe***

## Why is Online Safety important?

Children today are growing up in a world where tablets, smartphones, and online games are part of everyday life. While the internet offers fantastic opportunities for learning, creativity, and fun, it also brings risks such as inappropriate content, cyberbullying, and contact with strangers.

Technology is changing quickly and with new games, apps, and tools appearing all the time it's important for parents and carers to stay informed. The best way to protect your child online is to have regular, open conversations and set clear rules about internet use.



## What is the Online Safety Act 2023?

The Online Safety Act 2023 is a set of laws introduced to protect children and adults online. Ofcom is the regulator for online safety in the UK, responsible for ensuring companies follow the new rules. As part of this role, Ofcom have designed the Children Codes of practice, which came into force in July 2025. The codes outline what all online services likely to be accessed by children must do to protect children online,

for example:

- Enforce age limits.
- Protect children from accessing harmful or age-inappropriate content. This includes content relating to self-harm and eating disorders.
- Ensure users can easily report harmful content.

Ofcom has the power to enforce the rules as well as issue fines if companies fail to comply.

You can find out more here: <https://www.ofcom.org.uk/online-safety/protecting-children/new-rules-for-a-safer-generation-of-children-online>



## How will it help to protect my child?

One of the main purposes of the Act is to protect children online. Ofcom has published information on how they are helping children to be safer online. The first link is a guide for parents, which also includes a section on what you can do as a parent. You can access this information here:

- <https://www.ofcom.org.uk/online-safety/protecting-children/how-ofcom-is-helping-children-to-be-safer-online-a-guide-for-parents>
- <https://www.ofcom.org.uk/online-safety/protecting-children/how-the-online-safety-act-will-help-to-protect-children>

## Meet our Online Officers

Abbots Green Online Officers are a group of students from all years, who have successfully applied for the role, and help Mrs Uttley and Mr Dominy with ensuring that all children at Abbots Green are educated, guided and supported in staying safe online. We meet regularly to discuss current concerns and trends, formulating actions and ideas on how we can help.



### Top Tips:



- \* Keep the conversation about online life open and ongoing.
- \* Use parental controls and privacy settings.
- \* Know the age limits for apps and games.
- \* Help your child build healthy, balanced screen habits.

Together, we can make the online world a safer and more positive place for children to explore and enjoy!

For further guidance and support, check out the Unity Schools Online Safety Hub

<https://unityschoolpartnership.onlinesafetyhub.uk>

### Find the words hidden in the puzzle.

Words may go forwards, backwards, up, down, or diagonally.

**PASSWORD:** A secret word or code that protects your accounts.

**PRIVACY:** Keeping your personal information safe.

**REPORT:** Telling an adult or platform if something online worries you.

**CYBERBULLY:** Someone who is unkind or mean to others online.

**STRANGER:** Someone you don't know in real life.

**ROBLOX:** A popular online game platform where players create and share games.

**SOCIALMEDIA:** Apps or websites where people share and connect (like Instagram or TikTok).

**SCREENTIME:** The amount of time you spend using a device.

**AI:** Artificial Intelligence, when computers act like they can 'think' and 'learn'.

**SAFE:** Being protected from harm online.

O	Z	O	U	R	U	N	X	D	V	C	H	V	M	G	D	W	E
A	W	P	W	E	X	H	I	U	Y	V	T	W	N	J	F	H	S
Q	U	A	Y	O	E	F	J	B	P	U	O	L	J	S	V	C	Q
E	P	X	S	W	K	W	E	Y	J	A	J	C	F	Q	R	Y	X
B	F	T	E	W	R	R	X	J	N	X	M	O	O	E	T	R	O
S	U	B	C	R	B	U	T	L	P	Z	A	I	E	P	E	R	L
O	H	S	O	U	V	R	O	A	I	L	K	N	A	R	P	C	B
C	G	M	L	P	H	U	S	U	N	X	T	Y	M	X	E	S	O
I	Q	L	S	R	E	S	V	S	F	I	C	O	R	L	K	S	R
A	Y	P	Y	A	W	G	I	X	M	A	T	E	Z	V	X	L	U
L	B	C	I	O	F	Z	X	E	V	U	Y	I	H	J	O	A	K
M	F	V	R	R	W	E	W	I	B	X	B	M	Q	Z	R	U	N
E	Z	D	H	J	X	T	R	W	Z	E	N	N	C	E	E	V	X
D	I	E	P	X	Y	P	T	C	B	C	Q	D	P	K	F	O	L
I	Q	D	I	G	F	R	U	C	V	O	Q	O	H	Q	C	D	Z
A	L	I	A	I	X	U	P	G	I	A	R	Q	H	J	J	F	C
O	C	R	E	G	N	A	R	T	S	T	G	O	X	U	Z	T	P
U	Z	B	H	C	U	R	Q	I	C	E	J	V	W	G	P	Q	I