



Evergreen Nursery Menu—Week 1

- seasonal veg - carrots, cauliflower, broccoli, peas

 EVERGREEN NURSERY	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit
Snack	Warm croissant	Breadstick & raisins	Toast & butter	Toasted bagel	Cheese & crackers
Lunch and Pudding	Homemade tuna pasta bake, seasonal vegetables Chocolate cornflake cupcake	Homemade cheese & tomato pizza, potato wedges and vegeta- ble sticks Homemade jam sponge and custard	Homemade chicken curry, rice and naan bread Homemade Cookies	Sausage, mash and seasonal vegetables and gravy Jelly and shortbread finger	Chicken goujons, chips and beans Yoghurt
Snack	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Tea	Cheese and crackers with salad sticks	Vegetable soup and bread	Cheese sandwich and salad sticks	Homemade tomato pasta and garlic bread	Spaghetti on toast

Evergreen Nursery Menu—Week 2

Seasonal veg—carrots, cauliflower, broccoli, peas

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit	Choice of cereals Toast Fruit
Snack	Rice cake and Raisins	Toasted crumpets	Toasted teacake	Cheese and crackers	Toast and butter
Lunch and Pudding	Homemade meatballs, garlic bread and pasta, seasonal vegetables Homemade shortbread biscuit	Chicken in a bun, chips and vegetables sticks Homemade chocolate cake	Homemade chilli and rice with seasonal vegetables Homemade apple crumble and custard	Roast chicken, stuffing, roast potatoes and seasonal vegetables Yoghurt	Fish fingers, chips and peas Homemade iced cake
Snack	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Tea	Beans on toast	Tuna wrap and vegetable sticks	Tomato soup and bread	Ham sandwich and vegetable sticks	Pizza and vegetable sticks