



PGL 2024!

1st -3rd July 2024

Caythorpe Court, Lincolnshire

Monday 1st July

- Please arrive at school for 6:30am.
- Leave Abbots Green at 6:45am
- Snack and water bottle for the journey (no sweets!)
- Arrive for PGL activities at 8:45a.m.
- Lunch provided at Caythorpe Court.
- Afternoon PGL activities
- Evening meal and entertainment

Tuesday 2nd July

- Breakfast, lunch and dinner provided
- Activities at PGL site (2 activities in the morning, 2 in the afternoon)
- Evening entertainment

Wednesday 3rd July

- Breakfast and lunch provided
- Activities at PGL site (2 activities in the morning)
- Leave PGL site at 2:00pm
- Arrive back at Abbots Green at approximately 4.00pm

<https://www.pgl.co.uk/Files/Templates/Designs/PGLCore/res/swf/virtual-tour/caythorpe/tour.html>

Possible activities

- Giant Swing
- Rifle shooting
- Quad biking
- Jacob's Ladder
- Canoeing/raft building
- Zipwire



Provisional staffing:

- Miss Thurlow, Year 6 class teacher/group leader
- Mr Dominy, Year 6 class teacher
- Mrs Loker-Steele, Year 6 LSA

What does a typical day on the PGL site look like?

Schedule

07.00 - 09.00

Activities

Get up, get ready and fuel up for the day ahead

09.00 - 12.10

Morning activities - usually 2 sessions with a 10 minute break in-between

12.10 - 14.15

Dry off & clean up. Time for a fresh & tasty two-course hot lunch

14.15 - 17.30

Afternoon activities - 2 exciting sessions with a 15 minute break in-between

18.00 - 19.00

Time to eat again - a three course meal and a different menu each day.

19.30 - 21.00

Talent shows, sports night, campfires, discos and more!

21.30

Bedtime. Time to get some sleep to prepare to do it all over again tomorrow!

Accommodation

The children will sleep in rooms of 3-6, each with its own en-suite.

Bedding is not provided.
We ask that children bring a
sleeping bag and pillow.



FOOD

<https://www.pgl.co.uk/en-gb/school-trips/menus-and-food>

There are freshly-prepared hot and cold options available at every mealtime.

There is a self-service salad bar where they can help themselves as much as they like at lunch and dinner.

There is plenty of fresh bread and fresh Fruit available as well as hot and cold drinks.

Lots of options for fussy eaters.

Please advise us of any specific dietary requirements or food allergies as soon as possible (we will also use school records to advise the centre).



Spending money

- Gift shop at PGL
- £10 maximum. Please provide a named purse/wallet. Your child can bring this into school closer to the time and hand it in to their class teacher.
- This will be kept safe in school. Staff will look after the money and hand it out to children when needed.

Nearer the time there will be information on...

- **Medication**
- **Confirmed activities and staffing**
- **Kit list**
- **Payment instalments**
- **Permission to administer Calpol / Piriteze form**
- **Photo permissions**

Next steps: £50 non-refundable deposit by Monday 16th October to secure a place.

Any questions?

