



Who am I?

Hello! My name is Laura Arfi and I am the Children and Families Support Lead in school. I am also the Trauma informed and mental health practitioner, ELSA (Emotional Literacy Support Assistant), Nurture group practitioner as well as being part of the designated safeguarding team. I have worked in schools for the past 18 years and have a degree in children's learning. I am based in the Rainbow Room within the school building.

How can I help?

My role in school is to provide support, advice and information to the families and children within our school community. I can help you with any worries that you may have in relation to your child's education, behaviour or wellbeing. I am also here just as someone to talk to if you need it!

How do I support pupils in school?

At present during this difficult time, you can contact me via email and I will try my best to support you. Advice and support is confidential, although concerns relating to the safeguarding of children will always be dealt with in accordance with the school's Safeguarding and Child Protection Policy. I may not have all the answers, but hopefully I can help you to work out how to find them!

What does our Family Support look like for Pupils?

I am able to support children on a 1:1 basis, listening and working with them in creative ways around feelings that include:

- Key transitions, including moving between schools/classes
- Development of pupil self-esteem and confidence
- Friendship issues
- Anger management and control
- Worries/anxiety
- Family issues: bereavement, new baby in the family, parent's separation / divorce.
- Promoting good attendance and punctuality

Support for Families includes:

- Providing information and signposting to other services in the local area
- Liaising with a range of external services such as housing and Social Care
- Assistance in completing paperwork and forms e.g. housing, special educational needs, school places and benefits
- Attendance and support at school and other agency meetings
- Advice and support in promoting positive behaviour at home
- Guidance with career and personal development and access to training and workshops in school
- I can support families through the Sharing Parenting Programme and those where English is not their first language

You can contact me via email at allrainbowroom@abbotsgreenacademy.co.uk

I look forward to working with you!

