

Small changes, big differences.



FREE Virtual Workshop - Triple P: Raising Confident, Competent Children. Tuesday 17th November 2020 10:30am – 12:00pm

**booking form only (see below how to register)*

- 
Suffolk Parent Hub invites parents, grandparents, caregivers to watch a free 90-minute

LIVE virtual workshop: Following on from the 'Positive Parenting' workshop offered on the 8th of September and 'Raising resilient children' workshop on the 5th of October. This workshop gives some ideas on how to help children learn important life skills like being polite and considerate, communicating well, thinking positively and having healthy self-esteem, being a good problem-solver, and becoming independent and able to do things for themselves. These can help them feel confident, thrive at school, and get along with others'

This event is accompanied by a power-point presentation, supported with short DVD clips and a factsheet (posted to you after the workshop). When we receive your *booking form we will send an email invitation to access the workshop using Microsoft Teams, with full instructions of how to join by phone, tablet or computer. You will be able to see and hear the presenters, video material and other resources, but you will not have to switch on your video or microphone. You'll be able to submit questions too.

All Triple P courses demonstrate how to use the five key principles of Positive Parenting to encourage children to learn the skills they need, with support to encourage your child's mental and emotional wellbeing.

Your workshop facilitators: Maddie McHenry and Mary Firth

***How to book onto this event use the CODE TPLVW172020**

Go to our link: <https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home>

Select: 'Complete referral for parenting course' – tab follow links

Click 1 Referral for parenting programmes 'code'

Next 2 Parent referral - In first section enter details of child (or children if more than one), and click 'Confirm'

Next 3 Privacy Notice please read then click 'YES' to continue

Next Register/log-in to track referral progress

Next Complete as requested

Next Where it says 'referrer' please insert parent details. Contact numbers and email address are needed to access workshop.

Next Complete requested details and finalise.

Facebook: <https://www.facebook.com/pages/category/Education/Suffolk-Parenting-Hub-105589491185801/>

Website: www.suffolk.gov.uk/theparenthub or email us parenting@suffolk.gov.uk