

Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Oat cakes and cucumber sticks	Rice cakes and orange segments	Bagels with cherry tomatoes	Tea cakes with sliced banana	Scotch pancakes with pear slices
Lunch	Fish in batter served with potato wedges and garden peas Free From Cod Fillet Fish Fingers Fruit Salad and Ice Cream	Pork / Quorn sausage served with creamed potatoes, fresh carrots and gravy Fruit Yoghurt Free From Mango Yoghurt	Lasagne served with garlic bread Quorn mince Lasagne Lemon Sponge Free From Chocolate Dessert	Chicken and bacon pie / Quorn / Chicken Fillet served with creamed potatoes green beans and gravy Chocolate Mousse Fresh Fruit	Cheese and bacon pasta bake served with corn cobbettes Vegetable pasta bake Flapjack Fresh Fruit
Snack	Fresh Fruit Platter				
Tea	Cheese Scones / Jam on Toast and cherry tomatoes	Macaroni Cheese	Ham and cheese tortilla wraps and carrot sticks	Croissants with cream cheese and cucumber sticks	Baked Beans on toasted bread

Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Cracker bread with cheese slices	Wholemeal toast with butter / jam	Cream crackers with cucumber sticks	Oat cakes and banana slices	Raisins and celery sticks
Lunch	Chicken / Quorn korma served with brown rice and naan bread Chicken Bites Fruit Yoghurt Free From Mango Yoghurt	Fish cakes / Free from Fish Fingers served with mini potato waffles and peas Jelly Fresh Fruit	Homemade pizza served with potato wedges and sweetcorn. Apple Crumble and custard Raisins and Rice Cakes	Pork/ Quorn Sausage Casserole served with creamed potatoes and green beans Carrot Cake Alpro Vanilla soya Dessert	Cottage / Quorn pie served with fresh carrots and sweetcorn Jacket Potato with mince and vegetables Banana Whip Free From Chocolate Dessert
Snack	Fresh Fruit Platter				
Tea	Potato and Leek soup with bread and butter	Toasted crumpets with cheese/Jam and cherry tomatoes	Vegetable Quiche with pepper slices.	Cheese Straws with cucumber sticks, cherry tomatoes and humous	Assorted savoury sandwiches with cucumber sticks

If you have any concerns about the ingredients in our food please speak to a member of staff
Vegetarian Option / Dairy and Egg Free Alternative

Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Rice cakes and orange segments	Bagels and cherry tomatoes	Wholemeal toast with jam	Cheese cubes and pineapple	Cream crackers and apple slices
Lunch	Fish Pie Tuna Jacket Potato served with fresh carrots and green beans Ginger Cake and Custard Alpro Vanilla Soya Dessert	Beef / Quorn Bolognese served with pasta twirls Strawberry Mousse Fresh Strawberries	Spanish chicken / Quorn served with creamed potatoes and fresh carrots. Fruit Yoghurt Free From Mango Yoghurt	Lamb casserole served with roast potatoes and yorkshire pudding Quorn fillet Cornflake and Jam Tart Raisins and Rice Cake	Pork / Quorn sausage served with potato wedges and garden peas Blueberry Muffin Fresh Fruit
Snack	Fresh Fruit Platter				
Tea	Jam / marmite on toasted bread with raisins	Spaghetti hoops with toasted bread	Cheese and tomato pizza Baked Beans and Bread	Garlic bread with cheese cubes and cucumber fingers	Tomato Soup with bread and butter

Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Tea cakes and banana	Scotch pancakes and plum	Rice cakes and orange segments	Wholemeal toast with jam	Bagel and cucumber slices
Lunch	Tomato, bacon and mushroom pasta bake served with garlic bread Jacket Potato with beans Lemon Mousse Raisins and Rice Cake	Chicken/ Quorn Fillet casserole served with roast potatoes and Yorkshire pudding Fruit Jelly Free From Mango Yoghurt	Pasta with pork / Quorn sausage in a chunky vegetable sauce Jam Sponge and Custard Alpro Vanilla Soya Dessert	Beef meatballs Quorn Dippers in a tomato sauce served with creamed potatoes and mixed vegetables Fruit Yoghurt Free From Chocolate Dessert	Chicken Quorn Fillet in a BBQ sauce served with potato wedges and coleslaw Banana and Ice Cream
Snack	Fresh fruit platter				
Tea	Warm sausage / vegetarian roll served with cherry tomatoes and cucumber sticks.	Bagels with cream cheese or jam / cheddar style spread and peppers.	Assorted savoury sandwiches with apple slices	Vegetable soup with bread and butter	Cheese / Jam on toast with carrot sticks.

If you have any concerns about the ingredients in our food please speak to a member of staff
Vegetarian Option / Dairy and Egg Free Alternative