

PE Long Term Plan 2021-22 ONLY

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Gymnastics- Jumping Jacks	Dance- Moving words	Gymnastics- Part 2- Rock and Roll	Dance- Part 2- Weather	Teacher to plan unit based on needs of children	Teacher to plan unit based on needs of children
Outdoor	Fundamentals unit 1		Fundamentals unit 2		Team Building/Sports day prep (OAA/Athletics)	
Commando Joe	Traditional Tale 'Once upon a time'		Pocahontas 'Troubles in the tribe'		Steve Backshall 'A Walk on the Wildside'	

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Gymnastics- Part 2- Rock and Roll (YEAR 1)	Dance- Great Fire of London	Gymnastics- Points of Contact	Dance- Part 2- Weather (YEAR 1)	Gymnastics- Part 2- Ball Tall and Wall	Dance- Part 2- Magical friendships
Outdoor	Fundamentals unit 1		Fundamentals unit 2		OAA- Trails, Trust and Teamwork	Sports Day Prep
Commando Joe	Samuel Pepys 'London's Burning'		The Queen 'Longest Reign'		Lion and me 'Circle of Life'	

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Gymnastics- Part 2- Ball Tall and Wall (YEAR 2)	Dance- Solar system	Gymnastics- Patterns and Pathways	Fitness- Box2Bfit	Gymnastics – Hand Apparatus	Dance – Machines
Outdoor	Ball Handling Skills Ending with Y3 competition/tournament		Striking and Fielding Ending with Y3 competition/tournament		Athletics- Challenges Sports Day	
Commando Joe	Ernest Shackleton 'Endurance'		Nellie Bly 'Around the World in 72 Days'		Ed Stafford 'Walking the Amazon'	

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Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Gymnastics- Principles of Balance	Dance – Cold Places	Gymnastics- Rotation	Fitness – Box2Bfit	Dance- Rugby and the Haka	OAA LKS2 (Outdoor)- Co-operation, Communication & Consideration
Outdoor	Invasion Games - Ball on the Ground Ending with Y4 competition/tournament		Net Games Ending with Y4 competition/tournament		Athletics- Pentathlon Sports Day	
Commando Joe	Spartacus ‘Romans Revolt’		Levison Wood ‘Survival’		Leif Erikson ‘Voyage of Discovery’	

Year 5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Gymnastics- Pair Composition	Dance- On the Beach	Gymnastics- Press and Go	Fitness – Box2Bfit	Dance- Dance styles Swimming?	Swimming?
Outdoor	Invasions Games- Football Ending with Y5 competition/tournament		Invasion Games- Netball Ending with Y5 competition/tournament		Athletics- Heptathlon Sports Day	
Commando Joe	Tim Peak ‘Blast off!’		Kira Salak ‘Gorilla in the Mist’		Ranulph Fiennes ‘Transglobe Adventure’	

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Gymnastics- Body Symmetry Swimming?	Dance- Football Swimming?	Gymnastics – Group work	Fitness – Box2Bfit	Dance- Why Bully Me?	OAA UKS2 (Outdoor)- Co-operation, Communication and Consideration
Outdoor	Invasion Games- Hockey Ending with Y6 competition/tournament		Invasion Games- Tag Rugby Ending with Y6 competition/tournament		Athletics- Decathlon Sports Day	
Commando Joe	Nancy Wake ‘The White Mouse’		Amelia Earhart ‘Final Flight’		Ibn Battuta ‘Eastern Odyssey’	